



July 2019 - Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EEC Lunch				
MENUS ARE SUBJECT TO CHANGE				
7-1 Cheesy Pillows -V Cooked Baby Carrots Fruit	7-2 Turkey Burger Fresh Garden Salad Fruit	7-3 Philly Cheese Steak Sandwich Roasted Potato Wedges Frozen Juice Slush	7-4 Independence Day Holiday	7-5 Chicken Tenders, Homestyle Fresh Garden Salad Fruit Cup
7-8 Cheesy Garlic Bread -V Marinara Sauce Cup Fruit	7-9 Café LA Burger Roasted Potato Wedges Frozen Juice Slush	7-10 Salisbury Steak with Gravy Artisan Roll Vegetable Juice Fruit	7-11 Deep Dish Pepperoni Pizza Fresh Garden Salad Fruit Cup	7-12 Crispy Chicken Filet Sandwich Ruffle Fries Fruit
7-15 Cheesy Pillows -V Cooked Baby Carrots Fruit	7-16 Turkey Burger Roasted Potato Wedges Fruit	7-17 Philly Cheese Steak Sandwich Fresh Garden Salad Fruit	7-18 Café LA Burger Waffle Cut Fries Fruit	7-19 Chicken Tenders, Homestyle Vegetable Juice Fruit Cup
7-22 Cheesy Garlic Bread -V Marinara Sauce Cup Fruit	7-23 Café LA Burger Roasted Potato Wedges Frozen Juice Slush	7-24 Salisbury Steak with Gravy Artisan Roll Vegetable Juice Fruit	7-25 Deep Dish Pepperoni Pizza Fresh Garden Salad Fruit Cup	7-26 Crispy Chicken Filet Sandwich Ruffle Fries Fruit
7-29 Cheesy Pillows -V Cooked Baby Carrots Fruit	7-30 Turkey Burger Roasted Potato Wedges Fruit	7-31 Philly Cheese Steak Sandwich Fresh Garden Salad Fruit		

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

 **All of the Grain/Bread items served are Whole Grain Rich.**

V: Vegetarian items

****** Farm Fresh Fruits: Apple, Orange, Banana

Daily Vegetarian Options: Deli Cheese Sandwich, Toasted Cheese Sandwich

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